



**Judson Center**  
CHILD & FAMILY SERVICES



**FETAL ALCOHOL SPECTRUM DISORDER (FASD)  
AND THE BRAIN BASED APPROACH**

**FREE TWO DAY FASD WORKSHOP  
PRESENTED BY ADRIENNE BASHISTA , BA**

**JUNE 24 - 25, 2016 · KALAMAZOO, MI**

Does your child or the children you work with struggle with:

**ADHD · Opposition · Impulsivity · School Performance · Other Behavioral Challenges**

Maybe your child has **Fetal Alcohol Spectrum Disorder (FASD)** or would benefit from techniques designed to address these symptoms.

FASD is a brain-based physical disability with behavioral symptoms. The brain-based approach to living with, caring for, and working with individuals and families impacted by FASD acknowledges the source of behaviors (the brain), and provides a set of research-based best practices for helping people with fetal alcohol exposure.

The Post Adoption Resource Center is pleased to offer this two day workshop focusing on FASD as a neurobehavioral disorder. These trainings explain FASD and help caregivers and professionals working with individuals and families affected by FASD create a plan for success.

**Objectives of the Workshop:**

- Understanding of fetal alcohol spectrum disorders and differences related to prenatal exposure, including changes in the brain, how these brain differences manifest themselves behaviorally, and what we know about what works and doesn't work when it comes to parenting, caring for, and working with individuals who experienced prenatal trauma due to alcohol and drug exposure.
- Strengths-based strategies for helping family members and clients who were exposed to alcohol and other drugs prenatally.
- Information on what alcohol and drug exposure does to the brain, how it's diagnosed, best practices for caring for, working with, and helping individuals with FASD and other neurobehavioral disorders succeed!

**Adrienne Bashista BA** is the co-founder of FAFASD, located in Massachusetts. Ms. Bashista travels throughout the country providing extremely helpful presentations. She is a writer, special needs parent advocate, FASD educator and parent coach. Her youngest son was diagnosed with FASD in 2011, after six years of searching for answers.

**Location:**

Kalamazoo Regional  
Educational Service Agency  
KRESA Service Center  
1819 East Milham Ave.  
Portage, MI 49002

**Training Dates & Times:**

Friday, June 24th 2016  
9:00 AM – 4:00PM  
Saturday, June 25, 2016  
9:00 AM– 4:00PM

**Who Should Attend:**

Parents and professionals who want to learn more about parenting children with FASD.

*Lunch will be provided for Adoptive/Guardian Families.*

*Lunch is "on your own" for other participants.*

**Space is Limited.  
Register early with Event Brite:**  
<https://www.eventbrite.com/e/fetal-alcohol-spectrum-disorder-fasd-and-the-brain-based-approach-tickets-25209806209>